

Health Behaviours and Improvement Services

Excess weight



29.1% of year 6 pupils in Wiltshire were found to be overweight or obese in 2015/16. This is lower than England (34.2%). (1)



33.7% of year 6 children from the most deprived areas in Wiltshire are overweight or obese compared to 24.8% in the least deprived areas. (1)



In Wiltshire, a larger proportion of boys than girls have excess weight (32% of boys compared to 26% of girls) (1)

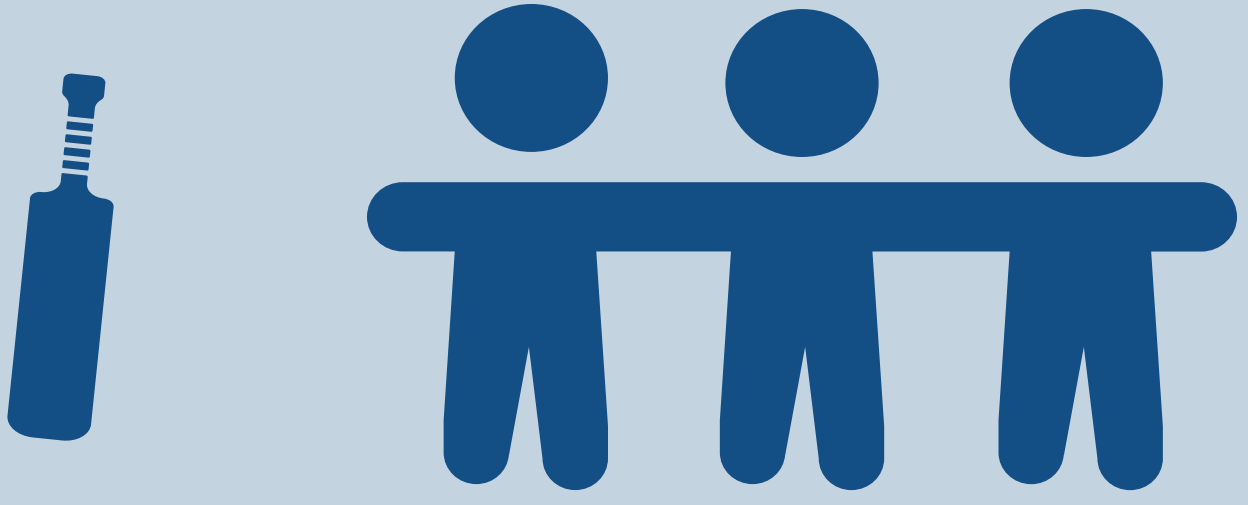


It is estimated that 260,000 (65.8%) adults in Wiltshire are carrying excess weight. This is similar to England (64.8%) (2)




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Physical activity



(1)

23% of primary school children, 23.5% of secondary school children and 13% of young people in year 12 undertake 8 or more hours of physical activity.



(2)

60% of adults in Wiltshire compared to 57% of adults in England manage the recommended amount of physical activity.

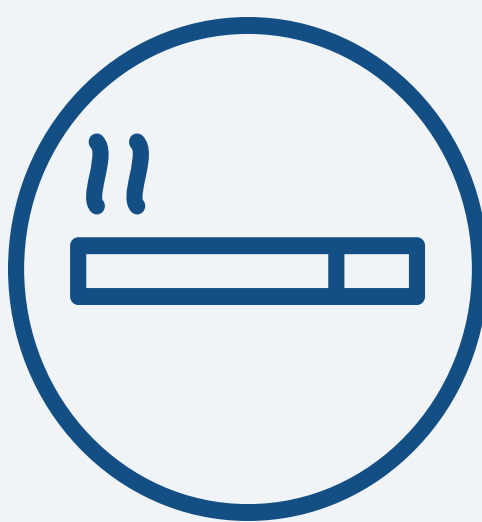


(1, 2)
Evidence across all ages has shown that a higher proportion of males undertake the recommended levels of physical activity than females.



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Tobacco control



(1)
 Around 53,000 (13.9%) of adults in Wiltshire smoke tobacco. Nationally 15.5% of adults smoke tobacco.



(2)
 1.8% of smokers in Wiltshire successfully quit smoking in 2016/17. Nationally, 2.3% of smokers quit successfully.



(1)
 27.4% of adults in routine and manual occupations smoke tobacco in Wiltshire, compared with 9% of adults in managerial and professional occupations.

(3)
 40.1% of adults with a serious mental illness smoke in Wiltshire (England 40.5%)

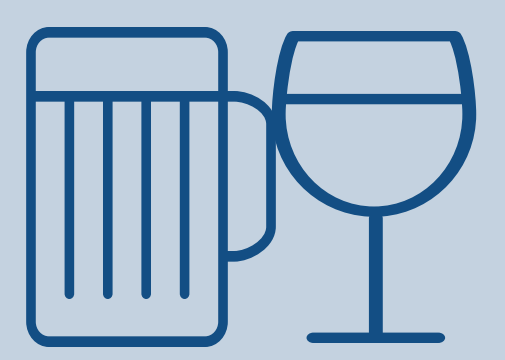


(4)
 Smokers make up 10.3% of maternities in Wiltshire (England 10.6%)



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Alcohol consumption and drug treatment



**28.7% of adults in Wiltshire drink more than the maximum recommended amount of alcohol per week (14 units).
The national figure is 25.7%.** (1)

Wiltshire's rate of alcohol-related hospital admissions was 1779 per 100,000 people in 2015/16. Lower than the England rate (2179 per 100,000) (2)



This represents a 28% increase since 2008/09



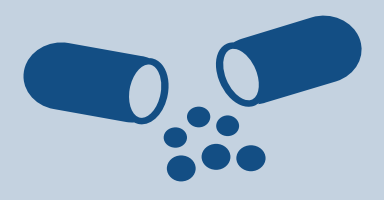
6.2% of secondary school children and 30.5% of Year 12/FE children in Wiltshire drink alcohol weekly or more frequently (3)



Drug Treatment

 (4)

An estimated 1,485 people in Wiltshire use opiates or crack cocaine



13.1% of opiate users undergoing treatment successfully quit in 2015 in Wiltshire, compared with 6.7% in England (5)

Data Sources (1) Health Survey for England, 2011-14 (2) Public Health England, Local Alcohol Profiles for England (3) Wiltshire Children and Young People's Health and Wellbeing Survey, 2017 (4) Hay et al, Estimates of the Prevalence of Opiate Use and/or Crack Cocaine Use (5) Public Health England, Public Health Outcomes Framework, indicator 2.15i (Percentage leaving treatment free from drug dependency and not re-presenting within 6 months).